

## My journey to SEP to SEE

My name is Umesh Chaudhary and this my story. I am 28 years old. I have been affected by cp from birth. I am going to talk about my story and struggles that I faced to gain education and my experience.

I come from a place far from Katmandu which compared to Katmandu is far less developed and where there is a limited number of resources. A place called Kailali, Nepal.

I come from a family very financially challenged. For my sake and in order for me to have a better future my family made a lot of sacrifices with the hope and dream of me having a better future and being independent.

I am a kid with special needs and have been all my life I have been struggling with **CP**. Due to which I have been in a wheel chair for most of my life, I'm unable to walk, eat, and talk properly. So, I have been very dependent on people all my life.



That did not stop me from dreaming though. My dream was to give the SLC/SEE exam. As academics was my strong point. Education paved a way for me and my dreams. My parents backed me all the way and supported my decisions however they could. I'm very fortunate to have such supportive parents.

In AD 2000 I got admitted to SEP with the hope to improve my physical condition. My physical condition was very severe at that time. My physical condition was improving gradually over time with the help from the SEP.

With the help of SEP and the resources they provided me I was able to overcome and adapt to difficult situations.

I have been good at my studies since my childhood and I still am till this day. Studies proved to be a source of hope for me as studies provided me with knowledge and skills.

At the time, there was no computers so it was very challenging for me to do my studies properly at that time. After a few years, I saw a computer in SEP. But I wasn't able to use the computer because there weren't any special devices

available for me. Luckily for me I remember I was really eager to play a game on the computer. The people at SEP came up with a way by which I could play games and use the computer.

Which was by using my left foot I could use the computer. One day, Rajuna ma'am gave me a switch to play a game below my foot. And I played the game on the computer. I remember that I was very excited about it. After that, SEP helped me to stay motivated and focused on my goals.

Secondly consider my learning style & find resources(computer) that works well for me. When I was 26 years old, I got admitted to a school called Nepal Adarsha Secondary School in ninth grade. I was joining class via online. I was good in all subjects except math because I couldn't practice it well on the computer.

But I didn't give up. I practiced a lot with the help of Rajuna ma'am who I'm very grateful and lucky to have met. Even though I was enrolled in school, I found it very difficult to take the exams. But I did not give up. It was very difficult for me to speak when I took the exams. As I found it very difficult to speak but I never gave up.

I always tried to speak clearly and so I did. I had to endure a lot of difficulty while going to 10th class board exam but my parents supported me all the way. I passed with a 1.85 GPA on SEE board exams. I am very happy to have achieved this remarkable milestone. So, I want to thank the whole SEP members without whom this may have not been possible. As they helped me in various ways such as



providing me internet for the past 7 years and supported me and my parents. I would also like to thank all the teachers of Nepal Adarsha School.

As of right now I plan on joining +2. During the examination I faced lot of problems to go to my exam center but my parents did it for me. I'm very grateful to my parents for helping me overcome such problems and proud of them. I'm also proud of myself for overcoming all the challenges that I came across and passing the 10<sup>th</sup> grade.

